

Family Services Expansion Needs

FOR CYMHTA



OFFERED BY
SIGNAL

Contents

Overview	2
Eligibility	3
Rate information.....	4
Application.....	4
Submission Information.....	4
Proposal Review	4

Overview

Signal is seeking expanded availability of intensive in-home therapeutic services for children, youth, and families. This includes assessment and intervention within the youth's home environment to evaluate individual and family dynamics, identify behavioral patterns, and strengthen family functioning and stability. The service set is designed as a short-term intervention for youth transitioning back home following an out-of-home placement admission or when there is a significant risk of removal from the home. The primary goal is to stabilize the family system, improve adaptive functioning, and prevent unnecessary out-of-home placement whenever possible.

Intensive in-home models operate under a team-based approach with the capacity, training, and skills to provide the following complete set of interventions:

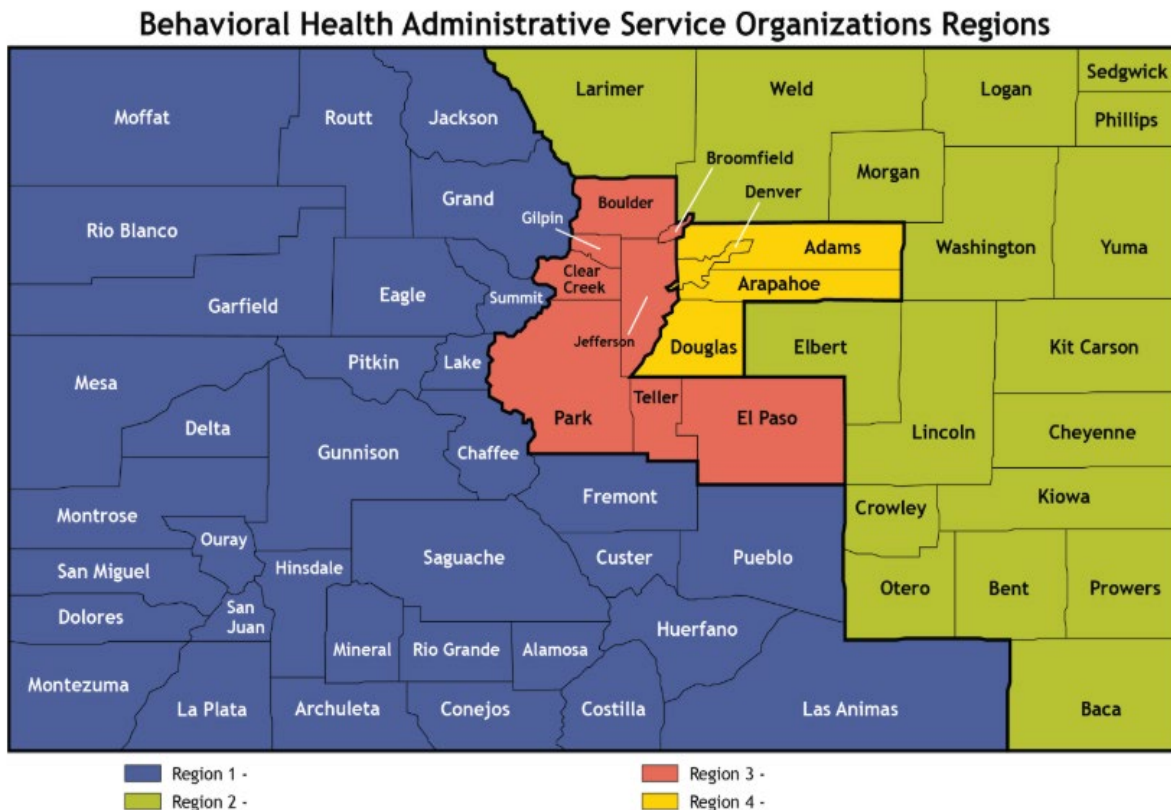
- **Comprehensive assessment** of youth and family needs, strengths, and functioning
- **Individual therapy** tailored to the youth's behavioral health needs
- **Family therapy** to strengthen communication, relationships, and family functioning, including dedicated work with siblings of the target client if indicated
- **Behavioral interventions and coaching** to support effective behavior management and daily routines
- **Psychoeducation and skills training** for youth, caregivers, and other family members if indicated to build coping, parenting, and problem-solving skills
- **Crisis intervention, de-escalation support, and safety planning** available 24/7
- **Care coordination** to connect families with medical, and behavioral health, educational, and community resources, including collaboration with school, other health care providers, and other members of the care team, as appropriate.

Required components within the service model are:

- For youth age 12 and younger (additional ability to serve older adolescents is preferred but not required)
- Trauma-informed and trauma-responsive delivery
- In-home and in-person
- A minimum of 4 hours per week for 12-20 weeks (3-6 months)
- Frequency and intensity of services adjusted based on the individualized needs of the family and the level of risk of out-of-home placement due to behavioral health needs

- Additional service hours available as clinically indicated to support stabilization and prevent family disruption

Signal's geographic area of responsibility includes the following BHASO Regions and affiliated counties:



Region 2: Signal

- 18 counties including Baca, Bent, Cheyenne, Crowley, Elbert, Kiowa, Kit Carson, Larimer, Lincoln, Logan, Morgan, Otero, Phillips, Prowers, Sedgwick, Washington, Weld, Yuma

Region 3: Signal

- 8 counties including Boulder, Broomfield, Clear Creek, El Paso, Gilpin, Jefferson, Park, Teller

Region 4: Signal

- 4 counties including Adams, Arapahoe, Denver, Douglas

Eligibility

Must have a Behavioral Health Entity (BHE) license through the Behavioral Health Administration (BHA) or able to acquire within 6 months from submission of this proposal.

Rate information

Comprehensive Community Behavioral Health Providers' Prospective Payment System (PPS) rates do not apply.

Provider Rates:

- Low intensity 4-9 hours/week: \$125 per diem
- Moderate intensity 10-15 hours/week: \$251 per diem
- High intensity 16-20 hours/week: \$314 per diem

Application

Submission Information

Proposals should not exceed 5 pages, excluding rate schedules and attachments.

Proposals should have the following sections:

- ☐ **Description of services**
- ☐ **Capacity to offer more services (number of families per month)**
- ☐ **Location (e.g., Counties) where services can be offered**
- ☐ **Identification of any ramp up time or steps necessary to achieve expanded capacity.**

Please submit any questions to proposals@signalbhn.org

Proposals should be submitted by December 4, 2026 to: proposals@signalbhn.org

Proposal Review

Signal will review proposals as rapidly as possible and engage with promising options, possibly extending a contract.

We will prioritize providers that currently deliver intensive in-home treatment models and already provide the full range of team-based interventions and services outlined in this RFP. Providers that do not yet offer the complete array of required interventions and services will still be strongly considered if their application demonstrates a clear, feasible plan and timeline for expanding services to meet these requirements.