



BHASO Region 3 Advisory Council Meeting Minutes

Meeting Information:

Date: Monday, July 27, 2026

Time: 2:00pm – 3:30pm

Council Context Statement

This is the BHASO Region 3 Advisory Council. The council is designed to promote local community input pertaining to behavioral health service needs. The council advises the Behavioral Health Administrative Service Organization (BHASO), in this case Signal Behavioral Health Network (Signal), for Region 3. The council is advisory only – meaning discussions happen during meetings and recommendations are made to Signal. It is then up to Signal's staff to consider council recommendations and figure out what is realistic or feasible to change. This council follows statutory requirements, meaning that the creation of the council and aspects of how it runs are determined by what the law says. The council has assigned seats for different perspectives (like safety net provider, experience with the criminal justice system, lived experience, etc.), and it is why the meetings are open to the public and there will be a public comment section at the end of each meeting.

Welcome and Introductions

The Regional Advisory Council members and council administrators introduced themselves, specifying their name, location, and shared their favorite thing about summer or what they do to beat the summer heat.

Behavioral Health Continuum of Care – Crisis Services

Signal presented an overview of Colorado's Crisis Services system, explaining its history as well as its three primary goals: supporting those experiencing self-defined crises, reducing criminal justice involvement, and eliminating unnecessary emergency department visits. The presentation detailed the system's contractual structure, with the Behavioral Health Administration partnering with two contractors: Solari for the 988 hotline and BHASOs (like Signal) for walk-in centers, mobile crisis response, stabilization units, and respite services. The presentation covered the specific services offered within the BHASO-contracted crisis network, including evaluations and assessments, duration of stay, and referral process.

Qualitative Analysis Process

The Advisory Council facilitator provided information about the qualitative analysis process and how this will help inform the year-end letter of recommendation. Signal partners with Cali Wilson

who is a medical anthropologist and specializes in qualitative analysis. Qualitative analysis is a way of looking for patterns across people's stories and experiences. Rather than counting votes or opinions and giving them a numerical value, qualitative analysis helps with understanding why something is happening, where people are struggling, and what changes could make the biggest difference. This analysis process aids in moving beyond individual comments and identifying the larger themes that emerge across many Council members and over many meetings. The qualitative analysis process helps shape reports, informs future Advisory Council agendas, identifies system gaps, and supports ongoing improvements across Signal's work.

Discussion: Family and Caregiver Support

Access to care and support for families and caregivers has consistently emerged as a key theme in Advisory Council discussions. As part of this conversation, Council members explored what family support means to them and the role it plays in helping individuals access and navigate services.

- Mental health counselors in schools often struggle with obtaining parental consent for youth to work with a mental health provider outside of the school setting. Legal and ethical barriers present a problem for providing care to youth.
- Family support means warm-handoffs during care coordination.
- Think outside of the box for community connection opportunities to support the whole family; not just considering clinical support.
- A focus on person-centered care. Providers or organizations working with families need to listen to what they want/need without a preconceived notion.

Public Comment

- None

Regional Advisory Council Members and Administrators:

Name	Seat	Attendance
Hazel Tan	Expertise in BH needs of children/youth	☒
Leah Jackson	BH Safety Net Provider	☐
Kelly Lewis	Experience with Criminal Justice System	☐
Richelle Gittens	Community Member	☐
Linda Burdick	Connection to K-12 School District	☒
Claire Levy	County Commissioner	☐
Jason Alexander	Lived experience with MH or SUD challenges (and am NOT a BH provider)	☐
Jennifer Reinhardt	Lived experience with MH or SUD challenges (and am NOT a BH provider)	☒
Alison Sbrana	Advisory Council Facilitator	☒
Daniel Darting	Signal/BHASO	☐
Kristy Jordan	Signal/BHASO	☒
Judith Tieku	Behavioral Health Administration	☒