



BHASO Region 3 Advisory Council Meeting Minutes

Meeting Information:

Date: Monday, June 15, 2026

Time: 2:00pm – 3:30pm

Council Context Statement

This is the BHASO Region 3 Advisory Council. The council is designed to promote local community input pertaining to behavioral health service needs. The council advises the Behavioral Health Administrative Service Organization (BHASO), in this case Signal Behavioral Health Network (Signal), for Region 3. The council is advisory only – meaning discussions happen during meetings and recommendations are made to Signal. It is then up to Signal's staff to consider council recommendations and figure out what is realistic or feasible to change. This council follows statutory requirements, meaning that the creation of the council and aspects of how it runs are determined by what the law says. The council has assigned seats for different perspectives (like safety net provider, experience with the criminal justice system, lived experience, etc.), and it is why the meetings are open to the public and there will be a public comment section at the end of each meeting.

Welcome and Introductions

The Regional Advisory Council members and council administrators introduced themselves, specifying their name, location, and shared about something odd/unusual/fun in their space.

Behavioral Health Continuum of Care

Signal presented an overview of the Behavioral Health Continuum of Care, covering key components from prevention and early intervention through to recovery supports. The overview explained each stage of the continuum, including withdrawal management for substance use disorders, screening and assessment processes, outpatient and residential treatment options, crisis services, and recovery support programs. The presentation was designed to be a high-level overview to guide future discussions on specific areas of interest.

The Council was asked to assess the services they would like to focus future conversations around and rank them in order of interest or importance.

1. Recovery Supports
2. Crisis Services

3. Outpatient Services
4. Withdrawal Management (SUD)
5. Residential and Inpatient
6. Screening and Assessment

The Council was also asked how they prefer information to be presented. Their top preferences were to have a slide deck delivered during the meeting, allowing time for questions and discussion, as well as having information provided to them that they can read on their own time.

Whiteboard Exercise – Services Needed for a Full Continuum

The council participated in a whiteboard exercise to provide feedback on what the services needed in Region 3 for a full continuum of care. The themes of feedback received included:

- Support for neurodivergent people
 - Whole person support – engaging in community, work, volunteering.
 - Neurodivergent practitioners to support neurodivergent people.
 - Homebound populations (disabled, immune compromised, etc.) need support.
- Care Coordination
 - Community needs to know what resources are available and how to navigate them.
 - Quality care coordination is essential; meet people where they are.
 - Whole person care coordination, not just clinical
 - Coordination between schools and clinical services/resources
- Complementary Services
 - High level trauma therapies that not a lot of people have access to (e.g., Accelerated Resolution Therapy)
 - Following trauma therapy, offer structured weekly therapy checking in on daily activities.
 - More animal assisted therapies integrated into all levels of care.
 - More family supports. Families need to be included and heard.
- Community Involvement and Educating Public/Families
 - Need for grassroots community connection (e.g., connection between families and people with lived experience)
 - Need for plain language explanations of parent rights
 - Accountability for systems that serve children/youth.

Public Comment

- None

Regional Advisory Council Members and Administrators:

Name	Seat	Attendance
Hazel Tan	Expertise in BH needs of children/youth	☒
Leah Jackson	BH Safety Net Provider	☒
Kelly Lewis	Experience with Criminal Justice System	☐
Richelle Gittens	Community Member	☐

Linda Burdick	Connection to K-12 School District	☒
Claire Levy	County Commissioner	☐
Jason Alexander	Lived experience with MH or SUD challenges (and am NOT a BH provider)	☐
Jennifer Reinhardt	Lived experience with MH or SUD challenges (and am NOT a BH provider)	☒
Alison Sbrana	Advisory Council Facilitator	☒
Daniel Darting	Signal/BHASO	☐
Kristy Jordan	Signal/BHASO	☒
Judith Tieku	Behavioral Health Administration	☐