



BHASO Region 3 Advisory Council Meeting Minutes

Meeting Information:

Date: Monday, January 26, 2026

Time: 2:00pm – 3:30pm

Council Context Statement

This is the BHASO Region 3 Advisory Council. The council is designed to promote local community input pertaining to behavioral health service needs. The council advises the Behavioral Health Administrative Service Organization (BHASO), in this case Signal Behavioral Health Network (Signal), for Region 3. The council is advisory only – meaning discussions happen during meetings and recommendations are made to Signal. It is then up to Signal's staff to consider council recommendations and figure out what is realistic or feasible to change. This council follows statutory requirements, meaning that the creation of the council and aspects of how it runs are determined by what the law says. The council has assigned seats for different perspectives (like safety net provider, experience with the criminal justice system, lived experience, etc.), and it is why the meetings are open to the public and there will be a public comment section at the end of each meeting.

Welcome and Introductions

The Regional Advisory Council members and council administrators introduced themselves, specifying their name, location, and shared how access to behavioral health services – whether easy or hard – impacted their life.

Signal's Care Access Team

Signal staff provided information to the Regional Advisory Council about the Signal's Care Access Team and what communication strategies they are using to promote this work. Signal's website, specifically the find care page, which was created with guidance from people with lived experience, was shared with the Regional Advisory Council. The webpage features ways in which people can reach out to Signal's Care Access Team, a short informational video explaining what the team does, and a list of frequently asked questions to further explain what people can expect when they reach out.

Signal shared information about the marketing strategies currently used to promote Signal's care access/navigation service. The Regional Advisory Council were asked for recommendations on other information or materials that would be helpful to share with their communities about the Care Access work. They were also asked for recommendations on how

Signal can be most successful to reach everyday people to tell them about Signal's Care Access team and what to expect when they reach out.

Comments and Questions from the Advisory Council

- Getting the word out about Care Access/Navigation is key. Most people do not know what a BHASO is and what resources Signal can provide.
- Recommendation to reach out and educate primary care physicians about Signal's care navigation work.
- Recommendation to outreach family courts and magistrates as they could benefit from learning about BHASOs and what Signal does.
- Consider adding a question to the website's Frequently Asked Questions to address whether minors can reach out for navigation support.
- Often clients who are uninsured or underinsured do not understand how to navigate systems to access care.
- Recommendation to outreach schools, especially their teams who work with young people with special needs.

Network Adequacy

BHASOs are responsible for developing and maintaining care that is available for individuals across the continuum. Broadly, this includes crisis behavioral health, mental health, substance use disorder, and recovery support services. BHASOs are entrusted with the responsibility of offering an array of services that meet the needs of the community. Signal provided a presentation to the Regional Advisory Council about network adequacy; both what it means in the general healthcare landscape and what it means to the BHASOs in behavioral health.

Signal, with support from the BHA, are developing a network that addresses access, affordability, workforce and support, accountability, lived experience and local guidance, and whole person care. The goal is to have a network that is responsive and accessible with a focus on individualized access to care. There is work to be done in building strong network adequacy and the Advisory Council will play a vital role in helping us understand local needs and identify gaps in services.

Comments from the Advisory Council

- The council expressed interest in getting information about how the work requirements with Medicaid impact people getting care.
- Recommendation for Signal to connect with Red Cross Disaster Mental Health.

Public Comment

- "Thank you for allowing me to be a part of this meeting; I learned a lot. It's taken me 3-4 years to get to understand it, and I know it. I now have just a little bit of an idea of how it all works together, how all the pieces work together to create a behavioral health system for all the people of Colorado, no matter where you live. To help the people of Colorado get the behavioral health care that they deserve, to help them in aiding them into achieving the good quality of life."
- "I want to express my appreciation for Daniel's comments that Signal is never the wrong door for anyone seeking support. I expect coordinating the coordinators, Medicaid,

commercial insurance, BHA, or BHASO, 988, is going to be tricky for a bit, but we're on the right track, as long as we do everything we can to make it as easy as possible for the person reaching out. Also thank you to everyone here who's volunteering their time to serve on this advisory council. I believe convening these regional councils was one of the best requirements that came out of the Behavioral Health Task Force several years ago. I hope it builds and maintains momentum for much-needed reforms and improvements in our behavioral health system, and I look forward to the next one."

Regional Advisory Council Members and Administrators:

Name	Seat	Attendance
Hazel Tan	Expertise in BH needs of children/youth	<input checked="" type="checkbox"/>
Leah Jackson	BH Safety Net Provider	<input checked="" type="checkbox"/>
Kelly Lewis	Experience with Criminal Justice System	<input checked="" type="checkbox"/>
Richelle Gittens	Community Member	<input type="checkbox"/>
Linda Burdick	Connection to K-12 School District	<input checked="" type="checkbox"/>
Claire Levy	County Commissioner	<input checked="" type="checkbox"/>
Lexi Ellis	Lived experience with MH or SUD challenges	<input type="checkbox"/>
Jason Alexander	Lived experience with MH or SUD challenges (and am NOT a BH provider)	<input type="checkbox"/>
Jennifer Reinhardt	Lived experience with MH or SUD challenges (and am NOT a BH provider)	<input checked="" type="checkbox"/>
Alison Sbrana	Advisory Council Facilitator	<input checked="" type="checkbox"/>
Daniel Darting	Signal/BHASO	<input checked="" type="checkbox"/>
Kristy Jordan	Signal/BHASO	<input checked="" type="checkbox"/>
Judith Tieku	Behavioral Health Administration	<input type="checkbox"/>