

# Short-term Intensive Residential Remediation Treatment

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LETTER OF INTENT

**Signal Behavioral Health Network**

6130 GREENWOOD PLAZA BLVD, #150, GREENWOOD VILLAGE, CO 80111

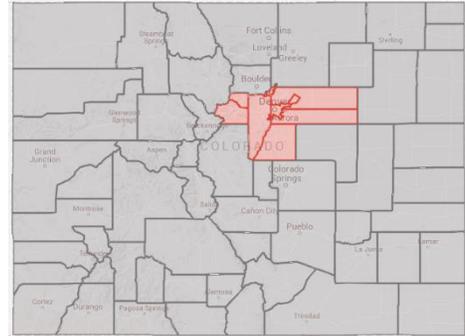
# 1 LETTER OF INTENT SCOPE

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This Letter of Intent request seeks to identify providers interested in offering and locating a STIRRT (Short-term Intensive Residential Remediation Treatment) program in the area identified.

Signal is seeking a provider who will offer STIRRT (Short-Term Intensive Residential Remediation Treatment) in SSPA 2, which includes the following counties:

- Adams
- Arapahoe
- Broomfield
- Clear Creek
- Denver
- Douglas
- Gilpin
- Jefferson



STIRRT is a comprehensive continuum of care that includes residential and outpatient treatment over nine or ten months for both men and women. STIRRT is a community-based program that offers a multi-level of care approach to treatment for individuals who have failed to maintain sobriety while on probation or parole.

The referral sources for STIRRT include Community Corrections, probation, parole, and the Courts. Most clients will come from the counties indicated above, but it is the expectation that the provider accept referrals from throughout the state of Colorado until the admission goal is met.

# 2 FUNDING

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Funding for this program covers several areas of treatment including:

## **STIRRT Residential- \$695,000/6 months**

- A 21-day program that includes 36 hours of therapeutic contact a week, for a total of 108 total therapeutic contact hours
- Annual Admission goal of 388 admissions (194 admissions for the 6-month term).
- Capacity is 28 beds, (likely configuration is 20 beds for males and 8 beds for females)

These services are reimbursed on a using a capacity model.

## **STIRRT Continuing Care (CC) Services- Up to 10 months of ASAM Level 1 services for graduates of the STIRRT Residential Treatment. Services; these include:**

- Participate in warm hand off from STIRRT Residential facility
- Provide individual, group and family counseling
- Case management services
- Psychotropic medications
- Medication monitoring

- Wellness and recovery activities
- Community re-entry (social activities and other sober activities)
- Urinalysis testing

These services are reimbursed on a fee for service basis. Providers can bill these services to Signal if the client does not qualify for Medicaid or other insurance coverage. Proceeds for this program can be estimated as \$5,000-6,000 for a 6-month period for the STIRRT CC funding through Signal, and another \$15,000-50,000 for a 6-month period from other payers, including Medicaid.

#### **STIRRT Continuing Care Personnel- \$50,000/6 months**

- Funds available to assure that the staff delivering the STIRRT CC services have the appropriate credentials and experience to implement the program
- Allowable expenses include staff salaries, client care expenses, printing/postage, rent, staff development (related to clinical services), staff phone, and indirect costs.
- These are intended as sustaining funds for sufficient staff capacity.

These funds are reimbursed using a capacity model.

#### **Additional funds**

Additional funds are available to provide transportation, training, and psychiatric services. These funds are reimbursed on a cost reimbursement basis. Approximately \$25,000.

## **3 PROVIDER REQUIREMENTS**

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To offer STIRRT services, the provider must:

1. Have an OBH substance use disorder treatment license to treat persons in the Criminal Justice System
2. Licensed as ASAM 3.7 for residential and ASAM 1 for continuing care
3. Agree to use the available evidence-based curricula which has been approved by the STIRRT Advisory Committee
  - a. Strategies for Self-improvement & Change (SSC)
  - b. Thinking 4 a Change
  - c. Dialectical Behavioral Therapy (DBT)
  - d. Moral Recognition Therapy (MRT)
  - e. Seeking Safety
  - f. Living in Balance
4. Participate in the STIRRT Advisory Committee meetings quarterly, or as convened by OBH
5. Providers must currently be, or be able to become a credentialed provider of Signal. The credentialing process is available upon request.

The initial contract will run from January 1, 2017 through June 30<sup>th</sup>, 2017, with 12-month terms following. All of the funding amounts above can be generally doubled to project a full year term.

All residential treatment units shall refer or transfer clients, appropriate for medication assisted SUD treatment, to treatment entities providing such treatment. This includes methadone,

buprenorphine, naltrexone, extended-release naltrexone, medications for reduction of alcohol and drug relapse, and appropriate psychiatric drugs for those with mental illness. When appropriate to the individual and medication, it is preferred induction be in the residential treatment setting. Clients will not be referred to providers who are “philosophically opposed” to medication assisted treatment. Residential treatment providers who are “philosophically opposed” to medication assisted treatment will not be funded. Signal regards denial of access to FDA approved medication assisted treatment as malpractice. A proposal for residential services funding must include an explicit statement of support for medication assisted therapy, even if the provider does not directly offer the service.

Attached is a copy of the OBH Capacity Budget form as well as a template of the STIRRT Continuing Care (outpatient services) invoice template.

## 4 REVIEW PROCESS

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Provider applicants who wish to pursue offering this service in one of the counties identified in Section 1, should submit a letter of intent, including the elements identified in Section 6: Letter of Intent Worksheet.

Signal will review the LOI and determine whether additional information needs to be gathered from the interested provider agency to determine readiness to implement the STIRRT program. If additional information needs to be gathered or if multiple providers share similar letters of intent, Signal may pursue further avenues to address the need for additional review of proposals.

## 5 SUBMISSION INSTRUCTIONS

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Providers interested in offering this service should submit their LOI in Word or PDF format (original format PDF—not scanned). Signal will acknowledge receipt. If no acknowledgement occurs, please resubmit the LOI, or contact Signal directly. Please submit the LOI and any associated attachments to the following email address:

[proposals@signalbhn.org](mailto:proposals@signalbhn.org)

The deadline for submission is **November 17, 2017 5 pm MT**.

## 6 LETTER OF INTENT WORKSHEET

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The following elements should be included in the letter of intent:

### 6.1 PROVIDER AGENCY INFORMATION

1. Organization name
2. Address of organization
3. Primary contact for the LOI, including phone and email address

## **6.2 PROGRAM DETAILS**

1. Briefly describe the plan for offering a STIRRT program, including:
  - a. STIRRT Residential services, including plans for physically locating the program(s)
  - b. STIRRT Continuing Care outpatient services
2. Briefly outline similar services offered on the substance use disorder continuum of care.
3. Relating to operating a STIRRT program, the interested provider should include services and partnerships with the counties listed in Section 1 above for with the following entities:
  - a. Probation
  - b. Parole
  - c. Law enforcement
  - d. Community Corrections
4. A statement of support for medication assisted therapy, including asserting that any clients receiving MAT admitted to STIRRT will continue to have access to the MAT program, whether directly offered by the provider or another entity.